

## Finding Your Catalyst – Sample Questions

Write from the Deep

- What matters most to me?
  - What does this say about me, my priorities, my faith?
  - If the answers are troublesome, what can I do about that?
  - If the answers are encouraging, what will keep me on track?
- Who matters most to me?
  - What does this say about me, my priorities, my faith?
  - If the answers are troublesome, what can I do about that?
  - If the answers are encouraging, what will keep me on track?
- What is my deepest fear?
  - What speaks real soul-deep peace into my fear?
  - What can I do about the cause of my fear?
- What makes me angriest? Why?
  - What can I do about the cause of my anger?
- What brings me the deepest joy? Why?
  - What does this say about me, my priorities, my faith?
  - If the answers are troublesome, what can I do about that?
  - If the answers are encouraging, what will keep me on track?

### Book Related Questions:

- Why did you write this book?
- Why else? (Don't stop at one reason)
- Keep asking yourself, "So what?" and "Why?" until you feel you get to the bottom, to the deepest answers.
- Pinpoint any sense of dissatisfaction from the experience you wrote about. What isn't "right" in your experience?
- Was there a sense of failure? How so?
- What vulnerability are you sharing in your writing?
- Why does God let us go through \_\_\_\_\_?
- What did you learn when you went through \_\_\_\_\_?
- Dig deeper—what was the most overwhelming feeling you had through the process of your trial/experience?
- How does what you learned or experienced come into play now? How does it affect you now?
- How does that come into play in your relationship with God?

Once you've asked yourself these questions, find someone—an agent, editor, critique partner, friend, family member, etc.—with whom you can be gut-honest, and run your thoughts by them. Do they agree with you? What other insights can they offer?